

LEARN2Skate – Covid-19 Update August 6th 2021

Hi All,

As the cases in Olmsted County are on the increase for Covid-19 and new restrictions come into place both from the City and USFS we are outlining the protocols that are in place for RFSC as of Monday August 9th, 2021

Update in Protocols:

- Everyone entering the building will need to be wearing a mask at all times.
- Coaches are to remain masked while teaching
- Skaters and parents in Learn2skate need to be wearing a mask at all times.

What to do if in contact with someone who has tested positive and/or is waiting for a result for COVID-19.

For those who are unvaccinated:

- If in contact with someone who tested positive then as per CDC guidelines they will be required to spend 14 days in quarantine and come back to skating on the 15th day.
- If in contact with someone who is waiting for a test result then the skater will refrain from skating. They will be able to return to skating if their contact has a negative test result. If positive the 14 day quarantine period will be in effect with return to skating on the 15th day.

For those who are vaccinated:

- If in contact with someone who tested positive then the following will apply:
1. If you have recovered from COVID-19 in the past 90 days and have close contact with someone with COVID-19, you do not need to quarantine if **ALL** of the following are true:
 - o Your illness was confirmed with a positive lab test in the past 90 days.
 - o You have fully recovered.
 - o You do not currently have any symptoms of COVID-19.
 2. If you are **fully vaccinated** and have close contact with someone with COVID-19, you do not need to quarantine if **BOTH** of the following are true:
 - o It has been at least two weeks since your last dose of vaccine.
 - o You have a negative test result **or** alternatively in lieu of a negative test can self-isolate for 5 days and if you do not experience any symptoms of COVID-19 then can return to skating.

ANYONE WHO TESTS POSITIVE FOR COVID-19 WILL FOLLOW THE GUIDELINES AS OUTLINED BY MDH.

We appreciate your cooperation in the above to help all concerned be safe and healthy.

Maureen S Wismayer
RFSC EXECUTIVE DIRECTOR
Director

Kari Sackett
Learn2Skate