

## Costume Sizing Information

Dear Skaters and Families,

Once again this year, the Costume Committee is asking **RFSC Contract Skaters and Grad Feature skaters** to take their own measurements and to be responsible for their own costume sizing. This has proven to work well in the past few years. ***This year we would like to have the Preschool, Junior Club and JPSE skaters also be responsible for their own measurements and costume sizing.***

Please measure carefully and remember that the charts provided are a guideline which cross-references most of the companies we order from. If there is a specific size that you would like to request, which is different than where your measurements are, please make a note of that on your costume form.

The guides on the back of this sheet will show you how to do the measuring. Then, using the sizing charts, match your measurements to the size you feel would be most appropriate.

When measuring and sizing, please remember a few key factors:

- 1) If you are still growing, keep this in mind. It is almost half a year from when you measure to when you wear your costume.
- 2) It is much easier to alter a costume that is too big than to try and fix a costume that is too small.
- 3) When in doubt, choose the size that most closely matches the skaters' girth measurement.
- 4) We cannot return costumes for a different size. It takes 10-12 weeks to receive the costumes.
- 5) Skaters are responsible for correctly sizing their costume(s). We will order what you specify on your form. If we have a question about your sizing, we will attempt to contact you via the email address provided. Please understand that it is a process that is completed very quickly in a short period of time. If we need to contact you, we will need a timely response!

Members of the Costume Committee will be available after show tryouts to answer any questions you may have regarding how to measure or how to size.

If you plan to participate in the show, you must complete the **Show Participation Form**, complete the **Costume Sizing Form**, attach your costume deposit of \$55 and return all of these to the RFSC Office by **October 9, 2009**.

The Costume Committee will review each form and size, and contact you with any questions.

Please contact Missy Thomas, [thomfam@charter.net](mailto:thomfam@charter.net), 529-3660, or Chris Potaracke, [toobusy418@yahoo.com](mailto:toobusy418@yahoo.com), 289-0402 with any questions regarding costumes.

## Costume Sizing Form

Name \_\_\_\_\_

**Measurements:**

Height \_\_\_\_\_ (without skates or shoes on)      Waist \_\_\_\_\_  
 Hips \_\_\_\_\_ Chest \_\_\_\_\_      Girth \_\_\_\_\_  
 Diagonal Girth \_\_\_\_\_ Inseam for men \_\_\_\_\_

Using the sizing chart, select the following (**please select letter AND number size**):

Pant: Letter size \_\_\_\_\_ Number size \_\_\_\_\_

Top: Letter size \_\_\_\_\_ Number size \_\_\_\_\_

Dress: Letter size \_\_\_\_\_ Number size \_\_\_\_\_

Remaining balance must be paid at Costume Pickup (February 28, 2010). Thank you!

If you know a specific size that works for you, please indicate it here: \_\_\_\_\_

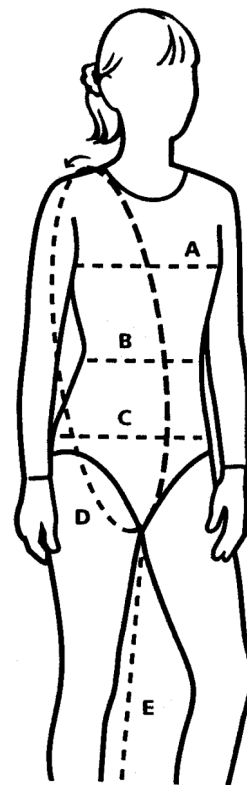
*The charts below are examples from different companies' measuring guidelines. If there is a discrepancy between size and measurement we will attempt to contact you via the email address you have provided on the show participation form.*

**DETERMINING YOUR SIZE**

For the most accurate fit, get your measuring tape out and have someone help you measure your body following the instructions as noted. Remember to wear a leotard, swimsuit or undergarments when taking measurements, not street clothes.

Find your measurements on the size charts to find the appropriate size. If the bust size and hip measurements do not correspond with a particular size, the girth measurement should be used as the deciding factor.

- A) CHEST: With arms relaxed down at sides, measure around the fullest part of chest, keeping tape measure parallel to the floor.
- B) WAIST: Measure around natural waistline, the narrowest part of the upper body (not over shirt or pants).
- C) HIPS: Measure around fullest part of the lower body, keeping tape straight and parallel to the floor.
- D) GIRTH: Measure from the center of one shoulder, down the front through crotch and up back to starting point. **This is the most important measurement in determining costume size.**
- DIAGONAL GIRTH: Same as Girth, except go from other shoulder to crotch and back up.
- E) INSEAM: Measure inside of leg, from crotch to below the ankle bone.



**NUMBER SIZE CHART**

	CHILD								ADULT				
	2C	4C	6C	8C	10C	12C	14C	8A	10A	12A	14A	16A	
Bust	22	23	24	26	28	30	32	30-31	33-35	36-38	39-40	41-42	
Waist	20	21	22	23	24	26	28	23-24	25-27	28-30	31-33	34-35	
Hip	24	25	26	28	30	32	34	32-33	35-37	38-40	41-42	43-44	
Girth	36-37	38-39	40-42	43-45	46-48	49-51	52-54	54-56	57-59	60-62	63-65	66-67	

**LETTER SIZE CHART**

	CXS	CSM,	CME	CLA	CXL	ASM	AME	ALA	AXL
	CHILD X-SMALL	CHILD SMALL	CHILD MEDIUM	CHILD LARGE	CHILD X-LARGE	ADULT X-SMALL	ADULT MEDIUM	ADULT LARGE	ADULT X-LARGE
Bust	21-23	24-26	27-29	30-32	33-35	33-35	35-37	38-40	41-43
Waist	18-20	21-22	23-24	25-26	27-29	23-25	26-28	29-31	32-34
Hip	22-24	25-27	28-30	31-33	34-36	34-36	37-39	40-42	43-45
Girth	39-41	42-44	45-49	50-54	56-58	56-58	59-61	62-64	65-67
Inseam	18-1/2	21-1/2	25-1/2	28	30-1/2	31-1/2	32	33	33