



Rochester Figure Skating Club  
**Summer Basic Hockey  
 Skating Lessons 2010**

*Beginning through Intermediate Skating  
 Classes catered to the 4-10 year old  
 hockey player*

**SESSION 1: Early summer**

**Tuesday EVENINGS (7:00-7:45pm)**

June 15—July 27

7 week session

**SESSION 2: Late summer**

**Friday AFTERNOONS (1:15-2:00pm)**

July 23 – August 27

6 week session

Recreation Center North Rink  
 21 Elton Hills Dr. NW  
 Rochester, MN 55901

For more information, e-mail  
[RFSCJC@rochesterfsc.org](mailto:RFSCJC@rochesterfsc.org)  
 or call 288-7536

**Who:** 4-10 year old girls and boys **with or without** experience in hockey. These classes will be directed by Paul Paprocki, a USA Hockey Advanced rated coach and the Director of the Rochester Figure Skating Club. Paul has been teaching power skating, hockey, and figure skating for over 20 years.

**What:** Beginning and Intermediate lessons focusing on skating skills relevant for the young hockey player. Although the focus will be on actual skating skills (forward and backward skating, crossovers, turns, stops), there may also be instruction on stick handling, shooting, and game strategies depending upon the level of the skater.

**Where:** The Recreation Center – North Rink

**When:** All Summer!

**Tuesday class:** 7:00-7:45pm (6/15, 6/22, 6/29, 7/6, 7/13, 7/20, 7/27)

**Friday class:** 1:15-2:00pm (7/23, 7/30, 8/6, 8/13, 8/20, 8/27)

*Choose from either Tuesday evenings, Friday afternoons, or both!*

**Required Equipment:**

Helmet with face mask, gloves, and stick required.  
 Full equipment preferred!

**Registration Deadline:**

**Session 1 (Tuesdays): June 5**

**Session 2 (Fridays): July 16**

*...watch out for our Intro to Hockey Skating  
 Classes offered in late September. These are a  
 great warmup for the Fall Hockey season!*

REVISED

**2010 RFSC Summer Hockey Registration  
 Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

E-Mail: \_\_\_\_\_

Birthdate: \_\_\_/\_\_\_/\_\_\_ Gender: M or F

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**Years of Hockey/Skating Experience**

0 1 2 3 4

**Skills: (please check all that apply)**

- New beginner  Can skate forwards  
 Can skate backwards  Forwards crossovers  
 Backwards crossovers

**CLASS:** Check one

- Tuesday evenings \_\_\_\_\_ \$ 105  
 Friday afternoons \_\_\_\_\_ \$ 90  
 BOTH Tuesdays & Fridays \_\_\_\_\_ \$ 180

I permit my child, \_\_\_\_\_, to participate in the 2010 RFSC Hockey Summer School. I realize that there are inherent dangers in ice skating and that neither the Rochester Figure Skating Club and its instructors nor the Rochester Recreation Center will be liable for any injuries that may occur during this camp program.

**Parent signature:** \_\_\_\_\_

Check #: \_\_\_\_\_ Amount: \_\_\_\_\_

*Please make checks out to RFSC*