



Rochester Figure Skating Club
Summer School - 2010

Junior Program for
Skating Excellence (JPSE)

Open to skaters having completed at
least Basic 4 (Green badge)

Curriculum Adapted from
US Figure Skating Bridge Program

Summer 1: June 14 – July 21
(5 weeks; no class June 30th or July 5th)

Summer 2: July 26 – Aug. 25
(5 weeks)

REGISTRATION DEADLINE:
Summer 1 – June 5; Summer 2 – July 16

****LIMITED ENROLLMENT – REGISTER EARLY****

Recreation Center - North Rink
21 Elton Hills Dr. NW
Rochester, MN 55901

For more information, e-mail
RFSCJC@rochesterfsc.org
or call (507)288-7536

WHO: The Junior Program for Skating Excellence (JPSE) is a fun program for children who have demonstrated a desire to skate more than one day a week and to accelerate through the badge system. This program will give the skater the opportunity to reach his/her potential in a shorter period of time in a group training environment that is fun, progressive, and safe.

WHAT: The program is intended to provide both the skater and the parent with an "Introduction to Figure Skating," taking skaters from the basic skills program to our figure skating program introducing them to Free Skating, Ice Dance, Synchronized Skating, Artistry, and Moves in the Field.

Skaters will be divided into three groups (levels may be adjusted based on enrollment):

- ♫ **Bronze Group:** Working on Basic 5-6
- ♫ **Silver Group:** Working on Basic 7-8
- ♫ **Gold Group:** Adv. Junior Club - working on Freestyle 1 through Pre-preliminary

WHERE: The Recreation Center – North Rink

WHEN: Monday nights from 5:45-6:45pm
Wednesday nights from 5:45-6:45pm

JPSE REQUIREMENTS:

- ♫ Skater must have passed at least Basic 4.
- ♫ Skaters must skate at least two days per week (additional day of either Junior club, second day of JPSE, synchronized ice, or Freestyle ice).
- ♫ Skaters are encouraged to take private or semi-private lessons.

PHILOSOPHY: The purpose of this program is to introduce a complete figure skating program in a positive learning environment. Skaters, parents, and coaches will be expected to work as a team, fostering both accelerated learning and the development of mutual respect and friendship.

RFSC – Summer 2010 JPSE Program

Name: _____

Address: _____

Phone: (____) _____

E-Mail: _____

Birthdate ___/___/___ Badges Passed _____

Gender (circle one) M F Grade _____

Anticipated Level: (check one)

Bronze Silver Gold

Summer 1 – 5 weeks

- Monday \$85; Wednesday \$85
- Monday & Wednesday \$160

Summer 2 – 5 weeks

- Monday \$85; Wednesday \$85
- Monday & Wednesday \$160

Summer 1 & 2 – 10 weeks

- Monday \$160; Wednesday \$160
- Monday & Wednesday \$ 310

An additional skating session is required concurrent with the JPSE Program (either Junior Club, additional JPSE session, synchro ice, or freestyle ice). Please list the extra session which you intend to skate.

- Junior Club 2nd day JPSE
- Freestyle Synchro

Day & Time: _____

Coach: _____

Parent (please print) _____

Signature: _____

COST: _____ **Check #** _____

Please make checks payable to RFSC.