

6th Annual Hiawathaland U.S. Figure Skating Basic Skills Competition

Sunday, February 5, 2012

Hosted by: Rochester Figure Skating Club

Sanctioned by: U.S. Figure Skating



Events:

- **Basic Elements:** Snowplow Sam-Basic 8*
- **Basic Program:** Snowplow Sam-Basic 8*
- **Test Track Compulsory:** Limited Beginner, Beginner
- **Test Track Free Skate:** Limited Beginner, Beginner
- **Skate Race:** Snowplow Sam-Basic 4 & Hockey 1-4
- **Interpretive Showcase/Extemporaneous Improvisation:** Pre-Preliminary

* 2012 Minnesota Basic Skills Competition events

Online Registration Deadline: Wednesday, January 4th, 2012

*2012 Hiawathaland Competition
Rochester Figure Skating Club
21 Elton Hills Drive NW
Rochester, MN 55901*

*Website: www.rochesterfsc.org
E-mail: hiawathaland@rochesterfsc.org*

Welcome:

The members of the Rochester Figure Skating Club cordially invite you to participate in the 6th Annual Hiawathaland U.S. Figure Skating Basic Skills Competition to be held on Sunday February 5th, 2012. This competition participates in the 2012 Minnesota Basic Skills Competition.

Eligibility and Rules:

The 6th Annual Basic Skills Competition will be conducted under the rules and regulations of U.S. Figure Skating as set forth in the [2011/2012 Rule Book](#). This competition is open to ALL skaters who are current eligible members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF (Moves in the Field) or individual dances. For Test Track Ltd. Beginner & Test Track Beginner eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skaters' competitive level.)

Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event. Skaters **MUST COMPETE AT THE SAME LEVEL FOR ALL EVENTS.**

Testing cut-off date for eligibility is Wednesday January 4th, 2012

IMPORTANT**Coaches Compliancy

All coaches must complete the U.S. Figure Skating registration requirement in order to be allowed to coach at this competition. <http://www.usfigureskating.org/content.asp?menu=coaches&id=452>

Four Requirements

1. U.S. Figure Skating Membership
2. Coach Registration (requires liability insurance and background screening)
3. Continuing Education Requirement (CER) Compliance. You will find CER courses at www.skatepsa.com
4. PSA Membership (for qualifying competitions only)

Note: Non-compliant coaches who attempt to coach at a test session or competition are subject to disciplinary action by U.S. Figure Skating and/or the PSA.

Officials:

The Chief Referee for this competition is Lee Gardner. The Chief Accountant is Gay Ann Louiselle.

Online Registration Deadline and Fees:

Online entry with secure credit card payment is available at www.rochesterfsc.org (VISA, MASTERCARD, and DISCOVER only please). **Online entry must** be COMPLETED by 11:59pm on Wednesday, January 4, 2012.

When using the online registration, it is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Late entries, event changes or additions to entries made after the registration deadline will be assessed a \$25 change/add fee and will be accepted only at the discretion of the Chief Referee. Contested credit card charges also will be assessed a \$25.00 fee. Payment of the fee will be required before skater is allowed to participate in practice ice or events

Notification of competition and practice ice times will NOT be available by phone, mail, or email. Skater and Coaches schedules will be available via the web at www.rochesterfsc.org Please also check the website for any possible changes or corrections to this announcement.

When registering online, we will ask you to provide some additional information via a few questions before you check out and pay. This information is mandatory and you will only have one opportunity to enter the data. When registering online, we will also be asking a few questions that you can choose to answer or not at the end of the registration process. We would appreciate you taking the time to answer so that we may obtain feedback that will allow us to make this event even better in the future.

Change/Add event:

Registered events can be changed and new events can be added without before 11:59pm, Wednesday January 4th, 2012. Any event change after this deadline will be accepted only at the discretion of the Chief Referee with a \$25 change/add fee per event. List of Fees: Registration Fee \$35. Additional Event Fee \$15. Skate Race Only Fee (no registration fee required) \$15 There will be an additional online registration processing fee added to your total of 3.8% per transaction

Refund Policy:

Full refunds including practice ice, *minus the online processing fee*, are available if withdrawal is prior to 11:59pm, Wednesday January 4th, 2012. Entry refunds are only available if the event or competition is not held or there is a death in the competitor's immediate family. There will be NO medical refunds given. Your refund will be returned to your credit card as soon as the competition committee determines that a refund is due. **The processing fee is not refundable for any reason.**

In consideration of other competitors please use our registration website to withdraw from any event(s) you are unable to participate in.

Schedule of Events:

Skater and Coaches schedules will be available via the web at www.rochesterfsc.org Please check back often.

Facilities:

All Competition events and practice ice will be held at the Rochester Recreation Center, 21 Elton Hills Dr. NW, Rochester, MN. The arena has two ice surfaces, each 85'x 200'. Seating is available for spectators. Locker rooms are located on the lower level. Concessions will be available on the upper entrance level. No outside food will be allowed in the building. No admission will be charged.

Photography, Video & Vendors:

Services will be available in the lower level gym of the Recreation Center during the competition. Additional information and order forms will be available at their designated vendor table.

Registration/Check in Desk:

The registration desk will be open during all practice ice sessions and events. This will be located on the upper entrance level of the south rink. Be sure to check in at least one hour prior to your scheduled event. Registration will be your final confirmation of event(s) and competition time(s). Events may run ahead of schedule at the discretion of the referee.

Music:

Only CDs will be accepted (no cassettes). Each CD must be labeled clearly with the skater's name, event and club and placed in a paper CD sleeve with a see through window (obtainable at any office supply store). Standard hard plastic jewel cases or other CD holders are no longer acceptable. Due to compatibility and reliability reason music may NOT be submitted on re-recordable "CD-RW" discs. CDs may only contain ONE track. If you are competing in multiple events that require music, you must submit separate CD for each program. Lead-in time (time before the music begins) on CDs may not exceed two seconds. A duplicate CD should be readily available at rink side not in the locker room.

MUSIC MUST BE TURNED IN AT THE TIME OF REGISTRATION, and may not be picked up at the registration desk until after the event is complete. Music will NOT be played at practice sessions. Proper care will be taken, but the Rochester FSC cannot accept responsibility for CDs. CDs not picked up prior to the end of the competition will only be returned at the participant's expense.

*NEW Practice Ice:

No official practice ice is included with your registration fees. Practice ice will be available for ordering online at www.rochesterfsc.org. It is suggested that you **pre-reserve your official practice ice session** at the time of registration. Cost is \$10.00. All sessions are 20 minutes. **WE WILL ASSIGN YOUR COMPETITION RINK SESSION ACCORDING TO SKILL LEVEL, ONLY 1 SESSION/SKATER WILL BE ALLOWED.**

Deadline for online entries: 11:59pm Wednesday January 4th, 2012.

You will receive an email with a PIN number in order to access your practice ice records. If you choose not to pre-reserve your *official* practice ice, space will be available for purchase at the rink registration/check in desk beginning on the first day of practice ice. Cost \$12.00/session. Any unofficial practice ice may be available after the schedule is posted and may be purchased at the registration/check in desk as well. **No practice ice is available for Skate Race only entries.*

Notification of competition and practice ice times will NOT be available by phone, mail, or email. Skater and Coaches schedules will be available via the web at www.rochesterfsc.org Please check back often.

Awards:

Awards will be given to all skaters participating in the competition.

First Aid:

A self-serve first aid station (with bandages, etc) can be found at the Registration Table in South rink. There will also be a nurse or doctor on call in the first aid room which is located across from the skaters entrance to the South rink. Please look for signs.

Lost and Found:

Lost and found items may be claimed at the registration desk.

Accommodations:

The Rochester Area would like to welcome you to our community for the 26th Annual U.S. Figure Skating Hiawathaland Open and 6th Annual Hiawathaland Basic Skills Competition. Blocks of rooms have been set aside at the following hotel to accommodate our guests during the competition.

Please indicate that you are booking a room for the “Rochester Figure Skating Club Hiawathaland Skating Competition.”

Host Hotel:

Kahler Inn & Suites

Kahler Inn & Suites – COMPLETELY RENOVATED (as of June 2011)
West Center Street & Third Avenue Northwest, Rochester, MN 55901

\$82 + tax / night – **guestroom includes**; 2 queen beds, **mini refrigerator**, coffee maker/coffee, ironing board, iron and vanity outside of bathroom.

\$92+ tax / night – Mini Suite **includes**; two beds, sofa sleeper, mini refrigerator, microwave, toaster, small sitting area and coffee maker/coffee, ironing board, iron and vanity outside of bathroom.

Discounted room rates are available until January 19th, 2012.

Free Parking / Free Expanded Continental Breakfast
www.kahlerinnsuites.com

For further information please contact:

2012 Hiawathaland Competition

E-mail: hiawathaland@rochesterfsc.org

Website: www.rochesterfsc.org

BASIC ELEMENTS-NO MUSIC: SNOWPLOW SAM – BASIC 8

Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater. To be skated on 1/3 to 1/2 ice. No music

All elements must be skated in the order listed

Time: 1:00 or less

<p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions 4. Side toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 3. Moving snowplow stop 4. Two foot turn in place- forward to backward 5. Backward two foot swizzles 6-8 in a row 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide - either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka - either direction 4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Standstill forward outside three-turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking - 4-6 strokes 5. Backward snowplow stop - R or L 	

BASIC PROGRAM: SNOWPLOW SAM – BASIC 8

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- Time: 1:00 +/- 10 seconds
- the skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

<p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions 3. Side toe hop -either direction 4. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place- forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn - R & L 3. Backward stroking - 4-6 strokes 4. Backward snowplow stop - R or L 	

Test Track Compulsory – No Music Limited Beginner / Beginner,

In program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice; no music allowed
- The skater must demonstrate the required elements and may use *any additional elements from previous levels (which will be considered as connecting steps)*
- A .2 deduction will be taken for each element performed from a higher level

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Test Track Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
Test Track Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin- minimum three revolutions 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:15

Test Track Free Skate

Skaters may enter EITHER test track free skate program or the well-balanced track free skate program but **NOT** both during the same competition. Competitors will skate to music of their choice, vocal music allowed.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	Qualifications
Test Track Limited Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front). <i>Max 2 jump sequences</i> <i>Max 2 of any same jump</i>	<i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Test Track Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests

Skate Race Snowplow Sam through Basic 4 & Hockey 1-4

Skaters will skate the width of the ice or do laps according to their level. Everyone is a winner in this event!

Showcase/Dramatic & Light Events

***to be held during 2012 Hiawathaland Open competition, February 3rd or 4th**

Showcase events will be offered for the Pre-Preliminary through Senior and Adult levels. Skaters must skate at the same level as their Free Skate with the exception that **Competitive Test Track Limited Beginner and Beginner may skate up to the Pre-Preliminary level**. Costumes are encouraged, but not mandatory and should not pose a safety hazard to the skater. **Props are not allowed**. Judging will emphasize artistic expression, originality, creativity and musical interpretation, which characterize a correct mood of the program. Program should focus on the entertainment value rather than technical skill. Music will be of the skater's choice and may be vocal. This event will include Dramatic and Light. **A total of 3 different single jumps** are permissible with **NO AXELS ALLOWED PRE-PRELIMINARY THROUGH PRELIMINARY!** Half jumps do not count toward the jump total. No combination jumps. No double jumps at any level. The competition committee or the referee reserves the right to separate combined groups listed below in order to maintain equitable group sizes, or combine upper levels, if needed. **Times listed are maximums.**

Level	Duration
Pre-Preliminary:	1:30 min.

Interpretive Showcase/Extemporaneous Improvisation

***to be held during 2012 Hiawathaland Open competition, February 3rd or 4th**

Test Track Limited Beginner and Beginner may skate up to the Pre-Preliminary level. **A performance choreographed by the unaided contestant during a 30-minute, off-ice warm-up to music supplied by the organizers.** Please go to your assigned Interpretive Locker Room 35-40 minutes before your scheduled start time. All contestants/competitors in a group will use the same music. Performances will be judged for theatrical and artistic qualities, from an entertainment standpoint. Technical skating skill and difficulty will not be rewarded as such; however skating must be the major element of the performance and of sufficient quality to support the theatrical elements chosen. Jump difficulty is not rewarded in showcase: therefore jumps, if choreographed, should be those performed with style, flow and confidence. A total of 3 different single jumps are permissible with **(NO AXELS PRE-PRELIMINARY THROUGH PRELIMINARY!)** Half jumps do not count toward the jump total. No combination jumps. No double jumps at any level. The competition committee or the referee reserves the right to separate combined groups listed below or combine levels in order to maintain equitable group sizes.

Level	Duration
Pre-Preliminary:	1:00 min.



TWIN CITY FIGURE SKATING ASSOCIATION

BASIC SKILLS COMPETITION SERIES

TCFSA BASIC SKILLS SERIES MISSION STATEMENT: The purpose of the Basic Skills Series is to promote an introductory competitive experience for the beginning TCFSA member skater allowing them to develop the USFS basic skills in an enjoyable environment. The Twin City Figure Skating Association (TCFSA) Basic Skills Competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Basic Skills Series. Competition announcements and entry forms will be posted on the official website of each participating competition. Basic Skills skaters are automatically registered and will have the opportunity to compete at 12 different local TCFSA member competitions to earn points for a final standing. Awards will be presented to the skaters with the highest point totals when they compete in at least 5 of the participating competitions. Skaters competing in more than 5 competitions will use their 5 highest placements. Point accumulation information will be available at www.tcfsa.org in the basic skills section. A traveling team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

THE POINT SYSTEM: Each skater must be a member in good standing of a TCFSA member club or Basic Skills program. Each basic skills freestyle event in each of the series competitions will be eligible for accumulating points. The system for scoring points for the final standing will be as follows:

PLACE	POINTS
1	5
2	4
3	3
4	2

All competitors who place 5th place or lower will be awarded one participation point. Per the USFS basic skills webpage, if there is only one skater in the group, he or she will be awarded three points. Also, should a skater move up a level during the competition series season, their points will follow them to the next level. They will also be rewarded 2 bonus points for moving up ONE time throughout the series season. Participant standings will be posted on the TCFSA website after each competition. Skaters will be notified of their standings via e-mail throughout the season.

A list of participating competitions can be found on the TCFSA website under the basic skills icon.

ELIGIBILITY and RULES FOR PARTICIPANTS: The TCFSA basic skills series is open to ALL skaters who are current eligible members of either the Basic Skills Program or full members of U.S. Figure Skating through a TCFSA member club. Eligibility is based on the skill level as of the closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at their highest level passed and MAY NOT have passed any US figure skating tests including Moves in the Field or Dance tests. Males and females may, or may not, be placed in the same group. The competitions in the basic skills series will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program. Basic skills levels included in the TCFSA series are Snowplow Sam, Basic 1 through Basic 8 and Free Skate 1 through Free Skate 6. Elements for each level will be included in the individual announcement for each competition.

Rochester Figure Skating Club's
6th Annual Hiawathaland U.S. Figure Skating Basic Skills
Competition

February 3-5, 2012

Entry DEADLINE, 11:59pm Wednesday January 4th, 2012

COMPETITION CO-CHAIRS

Jamie Lynn & Jimmie Santee